

Statistics Report 09435, Guava nectar, canned, with added ascorbic acid

Report Date: June 30, 2017 11:21 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water 1	g	83.51	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Energy	kcal	63	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Energy	kJ	262	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Protein 1	g	0.09	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Total lipid (fat) 1	g	0.06	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Ash 1	g	0.09	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Carbohydrate, by difference	g	16.25	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Fiber, total dietary 1	g	1.0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Sugars, total 1	g	12.95	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014

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Sucrose 1	g	0.07	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Glucose (dextrose) 1	g	5.65	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Fructose 1	g	5.76	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Lactose 1	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Maltose 1	g	1.47	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Galactose 1	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Starch 1	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Minerals													
Calcium, Ca 1	mg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Iron, Fe	mg	0.38	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Magnesium, Mg 1	mg	2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Phosphorus, P 1	mg	2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Potassium, K 1	mg	39	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Sodium, Na 1	mg	6	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Zinc, Zn 1	mg	0.03	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Copper, Cu 1	mg	0.017	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Manganese, Mn 1	mg	0.058	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Vitamins													
Vitamin C, total ascorbic acid	mg	21.1	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2014
Thiamin 1	mg	0.003	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006

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Riboflavin 1	mg	0.003	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Niacin 1	mg	0.170	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Pantothenic acid 1	mg	0.080	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Vitamin B-6 1	mg	0.010	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Folate, total 1	µg	3	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Folic acid	µg	0	1	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Folate, food 1	µg	3	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Folate, DFE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2008
Choline, total 1	mg	1.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Betaine 1	mg	0.1	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Vitamin A, IU	IU	106	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2014

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Lycopene 1	µg	35	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Lutein + zeaxanthin 1	µg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Vitamin E (alpha-tocopherol) 1	mg	0.05	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Tocopherol, beta 1	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Tocopherol, gamma 1	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Tocopherol, delta 1	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2006
Vitamin K (phylloquinone) 1	µg	1.0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Lipids													
Fatty acids, total saturated	g	0.020	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Fatty acids, total monounsaturated	g	0.020	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Fatty acids, total polyunsaturated	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2014

Sources of Data
¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 8e, 2004 Beltsville MD